

Waxing & Tinting for Her

Eyebrow Wax	\$16
Eyebrow Re-shaping	\$30
Eyebrows & Lip	\$27
Lip or Chin	\$15
Full Face	\$38
Under Arms	\$18
½ Arms	\$30
Full Arm	\$35
Bikini- from	\$22
G-string	\$32
Brazilian 1st visit [Full Bikini]	\$65
Brazilian Follow-up visit within 4 weeks	\$48
½ Legs	\$30
¾ Legs	\$42
Full Legs	\$50
Top Leg	\$30
Top Legs & Bikini	\$46
½ Leg & Bikini	\$46
Full Legs & Bikini	\$65
Full Leg & Full Bikini	\$95
Eyelash Tinting	\$20
Eyebrow Tinting	\$15
Eyelash Perming	\$49

Waxing & Tinting for Him

Full Arms	\$37
Back	\$47
Back & Shoulders	\$50
Chest & Tummy	\$50
Chest	\$37
Neck	\$22
Full Leg	\$67
Eyebrow Wax	\$16
Eyelash Tinting	\$20
Eyebrow Tinting	\$14

Home Shopping?

Can't get into the Salon to purchase your product or that gift voucher? Call us on 9411-5126 to place your order

Non-Surgical Cosmetic Treatments

Dr Wayne Young, Medical Director to **FRESHFace CLINIC** visits Your Skin Fitness Salon on a fortnightly basis. Areas of concern that Dr Young can assist you with are: Scarring; Expression lines - eg frowning, squinting & worry lines; Lines anywhere on the face including lips, cheeks & smile lines, wrinkles and Thin lips. **Cosmetic treatments available** ...Botox; Anti-wrinkle Treatments; Dermal Fillers; Contour Threads; and Beautiful Lips. Dr Young can also assist you with any concerns regarding excessive perspiration. **All cosmetic treatments are performed by Dr Wayne Young and NOT a nurse.**

YSF Salon Gift Vouchers

Treat someone special to the gift of beauty. Telephone the salon to discuss your requirements. Our trained staff can tailor a package to suit your needs. Gift vouchers come beautifully boxed and ready to give. Delivery is complimentary. Gift vouchers may also be purchased on-line www.ysfs.com.au

Corporate Gifts

Telephone the salon to discuss your requirements for pampering packages and products for your staff. What a great way to reward those important team members!

Cancellation Policy

We will remind you about your appointment the day before. As our treatments are in high demand, please inform us early enough if you need to cancel or change your appointment. This will allow us to accommodate others who wish to attend the Salon.

Payment Options

We accept Visa, Mastercard, American Express and EFTPOS on purchases over \$25 or more.

VIP Loyalty Program

Ask your therapist how you can earn complimentary treatments.

Celebration Packages

Thinking of a special day or evening with someone you love? Mother & daughter treat, hen's day or a girls day out? We can design a package suitable for your needs. Phone the Salon on **9411-5126** to discuss your requirements.

Getting Married or A Special Occasion?

Phone the Salon on 9411 5126 to find out more about our week of pampering packages tailored for you and your bridal party.

Our Products

Your Skin Fitness Salon is an authorised supplier of Payot Skincare, Indio Skincare and Dermalogica Skincare ranges. We also are a glo mineral stockist. We use St Tropez Tan & OPI Nail Polishes.

Opening Hours

Monday	9:00 am to 5:00 pm
Tuesday	9:00 am to 6:00 pm
Wednesday	9:00 am to 5:00 pm
Thursday	9:00 am to 8:00 pm
Friday	9:00 am to 6:00 pm
Saturday	8:00 am to 4:00 pm

Open Late Wednesday nights from 14th October 2009

Prices correct as at 21st August 2009 but may be changed without notice. Prices are GST inclusive.

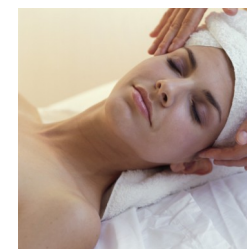
Your Skin Fitness Salon

Shop 16 Spring Street Plaza
3-9 Spring Street
Chatswood 2067
Phone: 9411-5126
Email: ysfs@bigpond.com

www.ysfs.com.au

Your Skin Fitness Salon

*Winner of 2008 North Shore Times
True Local Business Awards
Finalist 2009 Business Achievers Awards*



Where Excellent Skincare & Relaxation come together

*Pamper Someone Special with a Gift Voucher
From Your Skin Fitness Salon*

Purchase a Series of 6 treatments and get the 7th treatment

**Payot Skincare
Indio Cosmeceuticals
Dermologica Skincare
Glo Minerals Make-up
St Tropez Tan**

Phone: 9411 5126
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CHATSWOOD
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www.ysfs.com.au

Skin Diagnosis \$45 (free when purchasing 2 or more products)

This unique method of skin diagnosis allows your skin to be examined closely and detects different skin conditions not visible to the naked eye.

Classic Facial Treatments

Our Classic Facial Treatments are suitable for both men and women. All facials are tailored to your skin's specific needs and include a thorough skin diagnosis.

Indulgence Facial (90 minutes) \$129

This relaxing facial includes; an eyelash tint; eyebrow wax; cleanse; skin diagnosis; exfoliation; facial massage and steam; appropriate masque. Your pampering is completed with an application of an appropriate moisturiser.

Signature Facial (60 minutes) \$89

Relax in the luxury of a facial tailored especially to make your skin feel delicious. From deep cleansing and balancing to calming and soothing, we will ensure your skin receives the right prescription for the ultimate healthy glow.

Discovery Facial (45 minutes) \$69

This is a wonderful pick-me-up for people with a busy lifestyle; perfect for all skin conditions. This treatment includes a skin diagnosis, cleansing, exfoliation, a customised masque and application of an appropriate moisturiser.

NEW Pregnancy Facial (75 minutes) \$95

This facial is perfect as a safe choice during your pregnancy. We will tailor this facial especially for you. Your treatment includes a skin diagnosis, cleanse, exfoliation, facial massage and steam masque, moisturiser.

NEW De-Ageing Facial (60 minutes) \$129

This facial is suitable for everyone! We all want to look younger and the De-Aging Facial has been designed with one thing in mind: results! Combining a wide variety of natural herbal extracts and anti-oxidants as well as tingling fruit acids, potent vitamin c and more! Rapidly improving dull, lifeless skin, even out skin tone, improve micro-circulation as well as calm, soothe and hydrate. Skin is left remarkably silky, glowing, revived and renewed. You will be addicted! This facial is suitable for all skin types.

NEW Renewal Fruit Facial Peel (30 minutes) \$45

Our Facial Peels are designed to compliment your facials in between visits and give your skin that extra exfoliation. Renew Peels rapidly removes dead skin cells leaving the skin feeling fresh & firm. We recommend as either a weekly or fortnightly top up to your facial appointment.

Deluxe Facial Treatments \$139

Our Deluxe Facial Treatments are a more intensive treatment and are tailored specifically for your skin. Your appointment time for these facials is 90 minutes. Your skincare professional will design a program to achieve the results you desire. Our Deluxe Facials are suitable for both men and women and include a thorough diagnosis of your skin. Your skincare professional will assist you in choosing the appropriate treatment for your needs. Our Deluxe Facial Treatments include: Rejuvenating Treatments; Anti-ageing Treatments; Hydrating Treatments; Energising Treatments, Calming Treatments and Deep Cleansing Treatments. We proudly use & retail Payot, Indio & Dermalogica Skincare.

Enhance Your Facials

Enhance your facial by adding one or more of the following:	
Neck Treatment	\$50
Deluxe Neck & Décolleté Treatment	\$99
Intensive Exfoliation	\$38
Eye Treatment	\$39
Lip Treatment	\$39
Scalp Massage	\$15
Hand OR Foot Massage	\$15

Eye Treatments

All About The Eyes (60 minutes) \$95

Give your eyes the pampering they deserve. Your treatment includes; eyebrow shape, eyebrow tint, eyelash tint, and a hydrating eye treatment.

Eyelash Perming \$49

Give your eyelashes some extra curl

Enchanting Eyes \$79

Would you like Enchanting Eyes? Your treatment includes; eyelash perm; eyelash tint; eyebrow tint

Deluxe Body Treatments

NEW Coconut Body Treat (90 mins) (normally \$155) Now \$99

Spend time on your personal desert island. Our **Coconut Body Treat** will leave you feeling like you have just holidayed in the tropics! Your treatment begins with our Exotic Coconut Body Scrub which will whisk away tired and unwanted skin. Our deep cleansing scrub helps clear clogged pores, boosts circulation & stimulates cellular turnover leaving your skin refreshed and glowing. Your desert island experience continues with a warm, soothing shower, and concludes with a full body massage. Your holiday experience is now complete.

Bodylicious Treat (90 minutes) (normally \$155) Now \$99

Your treatment begins with a full body, mineral salt scrub to exfoliate away both your cares and any unwanted dead skin. This is followed by a luxurious hot shower to open the pores and complete the cleansing. Finally drift your way through a full body massage accompanied by essential oils to complete your relaxation.

Body Treatments

Our Body Treatments will leave you feeling refreshed, revitalised and renewed.

Back Massage (½ hour)	\$49
Swedish Body Massage (1 hour)	\$79
Pregnancy Massage (1 hour)	\$79
Exfoliating Body Polish (1 hour)	\$75
Purifying Back Treatment (1 hour)	\$85

NEW Getting Married? Ask about tailoring a week's worth of pampering for you and your bridal party. Phone **9411 5126** to find out more.

School Formal Packages

Eyelash Tint, Eyebrow Wax + St Tropez Spray Tan **\$59**

YSF Salon Gift Vouchers

Gift vouchers come beautifully presented and ready to give. Delivery is complimentary. Gift vouchers may also be purchased on-line www.yfs.com.au

Hand & Foot Treats

Our Hand and Foot Treats are carried out in your own candlelight, private room. These treatments are suitable for men and women. Sit back, chill out and relax while our skincare professionals work their magic! Manicures and pedicures including foot massage, cuticle work, exfoliation, filing and are finished with your choice of OPI polish.

Spa Pedicure (60 minutes)	\$65
Classic Pedicure (45 minutes)	\$52
Classic Manicure (45 minutes)	\$45
Spa Manicure (60 minutes)	\$55
File & Paint (30 minutes)	\$27
French Polish (extra)	\$15

Deluxe Foot Treatments

Deluxe Hand and Foot Treats offer you the ultimate in relaxation.

Light Legs - Express (45 minutes) \$75

Boost and refresh your legs with this powerful draining and decongesting treatment. Cool legs is beneficial for anyone who is on their feet all day, or returning from air travel.

Ayurvedic Pedicure (90 minutes) \$95

A relaxing Pedicure treatment that will leave you feeling like a Princess! Your feet will be soaked & then exfoliated to banish any dead skin build-up. This is followed by filing, buffing and treating the nail and cuticle areas. Relax while your legs and feet are treated to an extended massage with your personalised oil. Your feet are then wrapped in a warm, oil infused towel. During your foot infusion treat, float away & dream with our heavenly hand massage. Your Ayurvedic Pedicure is then finished with a choice of one of our O.P.I colours.

YSFS Packages

Choose 1 of these packages or why not design 1 yourself from our treatment menu?

Bronze Package \$89

Coconut Body Scrub + St Tropez Spray Tan

Silver Package \$129

Back Exfoliation, Back Massage, Signature Facial

Gold Package \$199

Indulgence facial (including eyelash tint, eyebrow wax and facial), Spa Pedicure and Hand Exfoliation

Platinum Package \$299

Full Body Exfoliation + Body Massage, Signature Facial, Spa Manicure, Spa Pedicure

Bronzing

NEW Spray Tanning

Spray Tan Full Body (St Tropez)	\$39
Crème Tan Full Body (massage application)	\$60
Purchase 6 Spray Tans & receive 1 Free	\$234

Purchase a Series of 6 same treatments & get 7th treatment FREE (not available on Cosmetic treatments with Dr Young)